Emerging Leader Programme

4 x half-day modules, delivered fortnightly 2 x one-one coaching sessions (60 minutes duration) Extended DISC® assessment and report



- · Are you currently identifying potential leaders within your team?
- Are you personally aspiring to take on a leadership role?

Take the first step in a transformative journey which cultivates the potential of emerging leaders.

With an emphasis on the value of self-awareness, self-reflection and a growth mindset as foundational elements of effective leadership, the focus is developing a strong foundation of self-development before the individual progresses to the pivotal stage of leading others.

In a structured and supportive environment each module is a blend of theoretical knowledge, practical exercises, and reflective activities. To embed learnings and provide additional support each participant is provided with two one-on-one coaching sessions.

Module One: How I Learn

Focus on self-awareness and personal development, exploring various learning styles and delving into the concepts of a growth mindset. The emphasis will be on accountability in the cultivation of self-leadership skills, promoting a sense of responsibility that enhances overall leadership effectiveness.

Module Two: How I Communicate

Introduction to different communication styles and how to adapt them in various situations. Develop active listening skills and gain an understanding of how to enhance communication effectiveness. Exploration of the DISC model will provide insights into different behavioural styles provide an understand of an individuals own communication style.

Module Three: How I Plan

Learn essential planning skills to set and achieve goals effectively, exploring goal-setting techniques and how to align personal and organisational goals. Questioning skills will be developed to facilitate strategic thinking and problem-solving, and to gather information, challenge assumptions, and drive meaningful discussions.

Module Four: How I Develop

Focus on strategies for personal and professional development, learning how to manage reactions and responses in various situations, fostering emotional intelligence and resilience. The DISC model will be revisited, applying it to both personal development and team dynamics. Using experiential learning exercises and reflection on personal development will foster the development of valuable leadership qualities.

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